

# Training in Core Social Skills<sup>®</sup>

## ... for Parents

**F**rom our very popular AND successful Training in Core Social Skills<sup>®</sup> program for children and teens, comes a new workshop for parents whose children experience difficulties in social interaction:

### Training in Core Social Skills<sup>®</sup> ... for parents!

We know that children can have difficulty interacting with others:

- They may miss the subtle nuances of social interaction, or what we call social cues. We call this the “hidden conversation”– the part of the message made up of all the nonverbal ways we communicate.
- They may have difficulty with communication skills: listening and responding appropriately to others to keep the conversation “flowing” or understanding the “conversational manners” that make the conversation a positive experience for both parties.
- They may have difficulty with emotional control, knowing how to handle problems involving peers, or how to engage in effective conflict resolution.
- And finally, some children are not aware that our behaviour impacts others and that successful social interaction also involves understanding what is “expected” in social situations.

**Date:** Sat. January 27, 2018 – 9:00 a.m. to Noon.

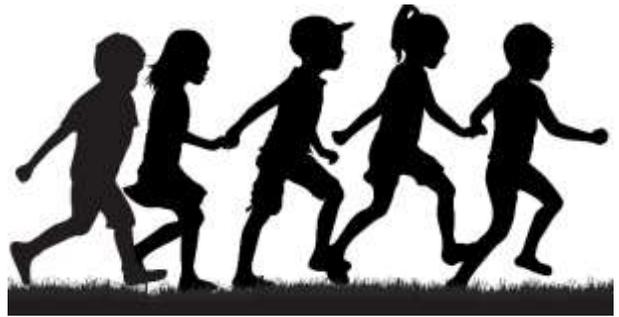
**Cost:** \$105 or \$175/couple

**Location:** 15108-76 Ave., Edmonton (Rio Terrace Church)

**Facilitator:** Corinne Eckert is a registered psychologist, director of Corinne Eckert Child & Adolescent Psychology and developer of the Training in Core Social Skills<sup>®</sup> program. As a former teacher, school counsellor and behaviour specialist, Corinne has a wealth of experience helping facilitate positive behavior and emotional and social health in children. Over the past 10 years, the Training in Core Social Skills<sup>®</sup> program has enjoyed great success helping participants grow their confidence and skills in social interaction. We are now pleased to offer it in three locations, as well as a summer program!

## Contact us today!

- ✓ To register
- ✓ To receive more information on our Training in Core Social Skills<sup>®</sup> program for children and teens, or individual treatment availability.



## Workshop Overview

In the Training in Core Social Skills<sup>®</sup> program, our goal is to help children gain skill and confidence in social interaction! As parents, you will be able to support the social development of your child by learning:

- The different types of social skill difficulties and why your child may be struggling.
- The key social skills your child needs to understand. There’s more to it than manners!
- A coaching perspective and language to increase your ability to intervene and coach your child effectively.
- Teaching your child “expected” behaviour in social interactions such as play, conversations and work with peers.
- Preparing your child for successful social interactions.
- Facilitating safe and guided practice opportunities.
- Strategies to help your child integrate social skills into their pattern of behaviour, as well as applying them to other environments.

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